

## Annual Completion Assignment

## ACKNOWLEDGE (previous year) & CREATION of (new year)

## This worksheet serves several purposes, to:

- Celebrate what you've accomplished & created
- Recognize and acknowledge your learnings
- Re-evaluate the vision of what you desire/want
- Recognize what you can let go of

Enjoy the process. It is a work in progress, rather than a finished piece, as is all of our lives. Play big. Dive in and have fun doing this.

## Part I - COMPLETION (20\_) What did you create in (20\_)?

Make a list of what you created in your life this year. For each item/event on the list, answer the following questions.

- What have I accomplished by creating this?
- What gave me energy/filled me up by creating this?
- What drained my energy?
- What have I learned in this process? (In what ways did this grow me?)
- What can I let go of? (What am I DONE with learning/ready to let go of)

Part II - CREATION (20\_\_\_\_) In looking at the upcoming year

1. When you imagine your ideal life at the end of 20\_\_\_ what is different from your life today?

2. List 3 to 5 (more or less) things that if you CREATE them, will make your ideal life happen in 20\_\_\_.

3. List the things you want to COMPLETE

You may want to do this for any of the following areas:			
Personal	Business	Family	Legacy
Spiritual	Physical	Creativity	Career
Relationships	Financial	Knowledge	Other?

4. What are you passionate about right now that will propel you forward into each moment of creation in the year to come?