



## BECOMING YOUR TRANSFORMATIVE PRESENCE

*As you transform, your consciousness expands, and the quality of your presence changes. You begin to vibrate at a higher rate, you become "lighter," and this change to your energy signature has a mighty impact on the space — your presence itself becomes transformative.*

*The more transformative your presence, the less you have to do to facilitate transformation.*

*Therefore, in essence, your being is your doing.*

*— Leon Vanderpol, A Shift in Being*

## WHAT INSPIRED THIS PROGRAM

This program is being birthed out of my spiritual growth as an ICF MCC mentor and assessor. Yes, *spiritual growth*. Over the years I have become more conscious and confident in my stand for the personal/spiritual growth that is required to achieve that soulful state of *being* beyond ego attachments. My clients are now asking me for more support in achieving even greater embodiment of the *being* principles they have been learning and appreciating.

*You enter the forest at the darkest point where there is no path. Where there is a way or path, it is someone else's path. You are not on your own path. If you follow someone else's way, you are not going to realize your potential.*

— Joseph Campbell, *The Hero's Journey*

Deep Mastery Wisdom Circle is also inspired by Joseph Campbell's principles presented in *The Hero's Journey*:

*Separation* – the change process starts / feeling a gap or a calling

*Initiation* – this is the work phase / for learning and growth

*Return* – returning home to your deeper level of wisdom

## FIVE KEYS FOR EVOLUTIONARY GROWTH AND TRANSFORMATIVE PRESENCE

ARE YOU . . . feeling called within to move toward “what’s next” for you on a deeply meaningful level?

This program is for you if you want to be inspired and supported in an intimate community of professionals to:

- Experience greater inner peace, fulfillment, and creativity
- Embark on a journey for exploring deeper personal mastery
- Reveal more of your innate potential
- Unleash a more meaningful and dynamic influence in the world
- Further cultivate your Holistic Presence!

Deep Mastery Wisdom Circle *is NOT* . . . A religion, dogma, set of rules, or model; it is not an academic program for learning new skills or new knowledge; it is not a coaching or mentoring program.

Deep Mastery Wisdom Circle *IS* . . . A nurturing, supportive, safe environment for self-inquiry and discovery that will support you in living your life as an ever-evolving work of art.

Together participants will:

- Gain greater authentic expression and embodiment of who you choose to be being in your life and work.
- Learn how to live *more true* to your Innate Nature.
- Connect in an intimate supportive community with like-minded, like-spirited friends and colleagues.
- Explore the *Five Keys for Evolutionary Growth and Transformative Presence*.

# FIVE KEYS FOR EVOLUTIONARY GROWTH AND TRANSFORMATIVE PRESENCE

*I AM Aware* – becoming more present

*I AM Allowing* – becoming more trusting

*I AM Attuning* – becoming more connected and responsive

*I AM Appreciating* – becoming more compassionate

*I AM Accepting* – becoming more receptive

## This Multi-Dimensional Program Includes

Assessment revealing your Innate Nature

Pre-Program Assignment: Write Your New Story

Peer support (dyads or triads) between sessions (voluntary and self-paced)

Field work (practices, reading, videos)

Resource manual / workbook

9 ICF CCEs + 9 RDs available for accredited coaches

Individual coaching with Fran (available for a separate fee)

## Program Format

- 12 Bi-weekly 1.5-hour group sessions
- Experiential learning environment, sharing, discussions, self-reflective assignments
- Minimum 6 / Maximum 10 participants
- Recorded sessions
- Zoom platform

## CLIENTS SHARE EXPERIENCE ABOUT FRAN'S PROGRAMS

*"Fran Fisher created a space with remarkably safe and spirit-filled group energy. She shares generously from her vast experience and resources in a very humble, transparent way. Her themes, including "I AM..." "My New Story" perspectives were, and continue to be, powerful guides. I appreciated Fran's full participation as a group member, while also making space for group members to offer additional spiritual and growth perspectives. I especially valued Mahasti's guiding us through the primordial sound mantra. The quality, kindness, generosity, and wisdom of the individuals that Fran attracted to this wisdom circle was extraordinary. Fran also set an example, a model for how any of us might form and participate in our own wisdom circles going forward." — Dr. Gary Trantham, PCC*

*"This course was personally and professionally transformational. By focusing on my quality of BEING each session, I was able to tune into my thoughts and actions from different perspectives, opening my mind to options I had not considered in the past. The connection with the other participants in a small group setting made for a safe space to share, learn, and grow. I highly recommend this course. It is an opportunity to listen to your mind, body, and spirit in a safe space." — Jodi Sleeper-Triplett, MCC*

*"I highly recommend the Deep Mastery Wisdom Circle! Through the exploration and application of the five keys for evolutionary growth and transformative presence, I am experiencing greater ease and joy in my work and life. I feel part of a community and am filled with gratitude for Fran, new friends, and fun. This is a powerful course." — Michelle Hollingshead, MCC*

*"The original concept for this course enabled each of us to have a deep connection to the whole group so that it became more of a heart-centered group of like-minded and heart-connected souls. Each of us shared honestly, with courage and vulnerability, and it was truly a superb experience for master practitioners to recharge and reconnect with their true essence." — Dr. Patrick Williams, MCC*

*The secret to finding the deeper level in the other is finding the deeper level in yourself.*

*Without finding it yourself, you cannot find it in others.*

*— Eckhart Tolle*

## ABOUT FRAN

Fran Fisher is a Master Certified Coach (MCC) accredited by the International Coach Federation. With an international client list, Fran's mission is to empower her clients in achieving their visions while living their best lives. Her legacy to the international coaching profession demonstrates the value of personal and professional mastery and mentorship for all professional coaches.



Fran is a visionary leader, international speaker, and published author. She specializes in providing coaching services for visionary leaders, executives, and business owners, collaborative work teams, as well as coaching and mentoring for experienced coaches.

Recipient of The Lifetime Achievement Award 2012 by the ICF Chapter of Washington State, Fran is recognized internationally as one of the pioneers and champions for coaching. She served as a founding International Coach Federation, ICF, Executive Board member, and co-chair of the Ethics and Standards Committee, responsible for developing the Credentialing Programs for aspiring coaches and training schools. Fran was the first Executive Director of the Association for Coach Training Organizations (ACTO). She has been serving ICF as a PCC and MCC Credentialing Assessor since 1998.

In 1991, Fran founded the Living Your Vision® (LYV) process for empowering individuals in transforming their visions into reality. In 1997, Fran founded the Academy for Coach Training, one of the first International Coach Federation (ICF) accredited schools. In 2005, shifting her focus to private practice. Fran sold the ACT and LYV businesses and their associated trademarks to I & AM, LLC dba inviteCHANGE.

Fran is certified in the Core Values Index (CVI) assessment as a Master VAR (Value Added Relationship) with Taylor Protocols, Inc. She provides coaching and consulting for her clients and training for Practitioners of the CVI assessment. Taylor's CVI is a unique assessment that provides insight into the innate, unchanging core-driving nature of individuals. Additional certifications include *Learning in Action EQ*, *Dependable Strengths*, and *TILT 365*.

Fran has also authored several books, including

*Violet's Vision*

*The Illusion of Hopelessness*

*Calling Forth Greatness, Seven Coaching Wisdoms for Transforming Your Life*

*Empowerment Selling* (Co-author)

*No Winner Ever Got There without a Coach* (Co-author)

Fran's highest vision is a world where everyone is enjoying a rich and fulfilling life, living true to their essence, life purpose, and values. She believes this is what the world needs of us—to be true to ourselves—and that coaching is the contribution we can make for this transformation in our world.

She is also passionate about restoring harmony with our Mother Earth and supports a number of initiatives focused on innovative ways to address environmental issues.

In 2016, Fran walked the Camino de Santiago in Spain as a personal challenge and vision quest. In 2021, Fran expanded her vision to include relocating from her native Washington state to Windsor, Colorado, to begin a new and exciting chapter of her life. Fran continues to elevate both her professional and personal life doing the work she loves while making more time for relationship, exploring the Colorado Rockies, and sharing the adventure with her life partner.

For more information about Fran's coaching programs and resources, visit her website at [www.franfishercoach.com](http://www.franfishercoach.com). You may also want to follow Fran on [LinkedIn](#) and [Facebook](#).