



## SYLLABUS

### Advanced Anchors Mastery Program 2026

**Note:** This program meets the requirements for ICF Mentor Coach Specialization (MCS).

The Advanced Anchors Mastery Program 2026 (AAMP) includes a Resource Manual with transcripts of 13 audios of the 15 sections below.

Completion of the AAMP 2026 program provides 6 ICF CCE with completion of the Self-Test Quiz for included in the Program site. Submit the completed quiz by email to [Fran@franfishercoach.com](mailto:Fran@franfishercoach.com) to receive a Certificate of Completion for 6 CCE and 5 RD or total 11 RD without Quiz.

Audio # and Time		Resource Manual Section #	Resource Manual Section Overview
	-0-	1	Fran's Invitation to You
1	50	2	Introduction to Advanced Anchors Mastery Program (AAMP)
2	32	3	Mindsets for Masterful Coaching
3	50	4	Introducing ICF MCC Behavioral Statements (Anchors) and BARS Evaluation System
4	25	5	Core Competency #1: Demonstrates Ethical Practice
5	25	6	Core Competency #2: Embodies a Coaching Mindset
6	20	7	Five Qualities for Demonstrating MCC Coaching
7	25	8	Core Competency #3: Establishes and Maintains Agreements
8	30	9	Core Competency #4: Cultivates Trust and Safety
9	20	10	Core Competency #5: Maintains Presence
10	35	11	Core Competency #6: Listens Actively
11	30	12	Core Competency #7: Evokes Awareness
12	35	13	Core Competency #8: Facilitates Client Growth
13	25	14	Prepare to Submit Your MCC Credential Application
		15	Appendix
TOTAL HOURS: 6			CCEU: 6



Download from the AAMP Program Site	Intro in Resource Manual	Supplemental Documents
✓		ICF Standards of Ethical Conduct 2025
✓		ICF Core competencies 2025
✓		PCC Markers
✓		MCC Qualitative Essentials
✓		MCC Behavioral Anchors (Anchors) 2022
✓		MCC Minimum Skills Requirements (MSR) 2025

## *Calling Forth Your Client's Greatness!*

### Library of Recordings

The following recordings PASSED their submission to ICF for MCC accreditation by the ICF Assessors. Each zip folder includes the original recording, transcript, and the feedback forms for PCC Markers, MCC Qualitative Essentials, and MCC Behavioral Statements (Anchors) evaluated by Fran Fisher: For maximum clarity and learning benefit, I recommend reviewing those feedback forms in the order listed above.

Demo # and Time		Notes
1	43:15	ELLEN
2	47:56	JASON
3	55:22	JUDY
4	50:27	MATTHEW
5	43:41	MILENA 1
6	49:32	MILENA 2
7	45:00	CHRISTINA 1
8	45:00	CHRISTINA 2
TOTAL Hours: 5		RD: 5