



Advanced Anchors Mastery Program SYLLABUS 2026

Please note: This program meets requirements for ICF Mentor Coach Specialization (MCS).

The Advanced Anchors Mastery Program 2026 (AAMP) includes a Resource Manual with transcripts of 13 audios of the 15 sections below. Completion of the WWCM 2026 program offers an optional Self-Test to receive a Certificate of Completion for 6 ICF CCEs and 14 RDs. Submit your completed quiz by email to Fran@franfishercoach.com.

Audio # and Time		Resource Manual Section #	Resource Manual Section Overview
	-0-	1	Fran's Invitation to You
01	50	2	Introduction to Advanced Anchors Mastery Program (AAMP)
02	32	3	Mindsets for Masterful Coaching
03	50	4	Introducing ICF MCC Behavioral Statements (Anchors) and BARS Evaluation System
04	25	5	Core Competency #1: Demonstrates Ethical Practice
05	25	6	Core Competency #2: Embodies a Coaching Mindset
06	20	7	Five Qualities for Demonstrating MCC Coaching
07	25	8	Core Competency #3: Establishes and Maintains Agreements
08	30	9	Core Competency #4: Cultivates Trust and Safety
09	20	10	Core Competency #5: Maintains Presence
10	35	11	Core Competency #6: Listens Actively
11	30	12	Core Competency #7: Evokes Awareness
12	35	13	Core Competency #8: Facilitates Client Growth
13	25	14	Prepare to Submit Your MCC Credential Application
	-0-	15	Appendix
			CCE: 6



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Offered by
Fran Fisher, MCC, MCS

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Calling Forth Your Client's Greatness!

Library of Recordings

The following recordings PASSED their submission to ICF for MCC accreditation by the ICF Assessors. Each zip folder includes the original recording, transcript, and the feedback forms for PCC Markers, MCC Qualitative Essentials, and MCC Behavioral Statements (Anchors) evaluated by Fran Fisher: For maximum clarity and learning benefit, I recommend reviewing those feedback forms in the order listed above.

Demo # and Time		Notes
01	43:15	ELLEN
02	47:56	JASON
03	55:22	JUDY
04	50:27	MATTHEW
05	43:41	MILENA 1
06	49:32	MILENA 2
07	45:00	CHRISTINA 1
08	45:00	CHRISTINA 2
09	51:33	STEVE 1
10	56:22	STEVE 2
11	53:29	KAREN 1
12	59:33	KAREN 2
13	33:43	Marc
14	45:50	Mike
		MCS: 14 RDs (MCS hours applied for)



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Download from the AAMP Program Site	Supplemental Documents
✓	ICF Standards of Ethical Conduct 2025
✓	ICF Core Competencies 2025
✓	PCC Markers
✓	MCC Qualitative Essentials
✓	MCC Behavioral Anchors (Anchors) 2022
✓	MCC Minimum Skills Requirements (MSR) 2025